



SURFERS PARADISE CATHOLIC PARISH

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Sacred Heart

50 Fairway Drive,
Clear Island Waters

St Vincent's

40 Hamilton Avenue,
Surfers Paradise

Stella Maris

254 Hedges Avenue,
Broadbeach

PASTORAL STAFF

Fr Peter Dillon
Parish Priest

Fr Paul Kelly
Associate Pastor

PARISH STAFF

Sonya Slater
Parish Manager

Marylou Ayres
Parish Secretary

Pat Kelly
Parish Assistant

Cathy Anderson
Sacramental Coordinator

Jennifer Belair
Atrium Coordinator

SCHOOLS

St Vincent's School

Clear Island Waters
Phone: 5572 1746
P: Kerry Rowlands

St Kevin's School

Benowa
Phone: 5539 4522
P: Peter Anderson

St Kevin's Kindergarten

Phone: 5564 5910
Director: Michelle Nelson

St Michael's College

Merrimac
Phone: 5530 2722
P: Anthony Elmore

THE EPIPHANY OF THE LORD - YEAR A 4TH / 5TH JANUARY 2020

SPIRITUAL NEW YEAR'S RESOLUTIONS

At the start of each new year people often decide to make a New Year's Resolution. I personally think this is always a commendable thing. As we celebrate the Feast of the Epiphany, and remember the Wise Men opening up their stores of treasures and presenting them to the Lord, it is good for us to consider what gifts we present to the Lord. Here is a suggestion for some Spiritual New Year's Resolutions for Catholics. I have taken these from a lady named Meg, in <https://www.piercedhands.com/15-catholic-new-years-resolutions/>

1. **Read the Bible.** The whole thing. But don't start at Genesis and read through to Revelation. Try one of the many one-year Bible plans and take a more manageable approach to soaking in God's word this year. Or at the least read or listen to the Readings for the upcoming weekend's Mass several times in the preceding week. You could also join the audio-podcast and reflection I do weekly by emailing me at paulwkelly68@gmail.com.
2. **Read something spiritually worthwhile.** Lives of Saints, writings by the saints or other spiritual books. One spiritual book a month or half-hour of daily spiritual reading, or even one book this year—but this can be an absolute game-changer.
3. **Daily silent prayer.** This is absolutely vital for Christians. Additional to recited prayers and spoken prayer. Every other kind of prayer (and there are many) exist to lead us to the ultimate prayer of being present to God in silent, wordless contemplation and union with the Lord. Many people spend all our prayer time "doing" and very little in "being."
4. **Embrace more deeply the Sacraments.**
5. **Go on a retreat.**
6. **Join a group.** Find a group of Catholics, whether it be faith-sharing, prayer, craft, Saint Vinnies or Rosies or join a ministry in church. Meet with one of many groups who are meeting each week to pray and grow in faith together or socialize or work on some practical project. There's only so much you can grow in holiness when you're doing it alone.
7. **Do a daily "examen".** Make a habit of spending 10 minutes each night (or morning, or on your commute) walking through the previous 24 hours with the Lord. End by reflecting on the best part of the last day, the worst part, and what particular grace you want for the next day.
8. **Deepen our devotion** and love of the Blessed Mother Mary.
9. **Fasting.** Some act of penance every Friday. Whether this is abstaining from meat or dropping the sugar from your coffee or skipping snacks on non-feast days.
10. **Make a pilgrimage.**
11. **Change what you listen to.** Instead of Top 40, perhaps a Christian radio or some of the many podcasts. Sanctify your commute by infusing it with Christ.
12. **Give.** Although Catholics are not as used to the concept of tithing, it is helpful in so many ways if people resolve to give at least 10%. It is really helpful to tie our daily work and income to our practical giving to the mission of the Church. It is also very important for you to give your time as well as money. Perhaps pray about a measurable goal for giving more, then do it.
13. **Forgive.** Forgiveness is a choice, not a feeling. Make a resolution to forgive somebody for whom you've been harboring resentment, then do something tangible like offering every Friday Mass for them or placing a picture of them before an image of the Sacred Heart or just daily praying, "Father, I forgive N. Please give me the grace to forgive him/her." God's grace may move the forgiveness from our will to our hearts. It is a good start.
14. **Attend a holy hour.**

Fr Paul Kelly

"The Archdiocese of Brisbane holds that children and vulnerable adults are a gift from God with an intrinsic right to dignity of life, respect and security from physical and emotional harm. They are to be treasured, nurtured and protected from any harm."

As a Parish Community we pray for a change of heart, that we respond to our grief by reaching out to one another in truth and love.

WEEKEND/WEEKDAY MASS TIMES:

STELLA MARIS, BROADBEACH: 9am Wednesday & Thursday, 4.15pm Saturday Reconciliation, 5pm Vigil, and 7am and 8.30am Sunday.

SACRED HEART, CLEAR ISLAND WATERS: 9am Tuesday & Friday, 5.15pm Saturday Reconciliation, 6pm Vigil, 9am and 6pm Sunday. 12noon Polish, 4pm Italian.

ST VINCENT'S, SURFERS PARADISE: 7am Monday & Friday, 5.15pm Saturday Reconciliation, 6pm Vigil, 8am and 10am Sunday.

NEW ALTAR SERVERS: Our parish is looking for new altar servers to assist at our parish Masses, particularly any of our 9 Sunday Masses. People of any age are welcome to participate, however this is an ideal ministry for those young people who have celebrated their Confirmation and First Communion. This is an exciting and interesting way to live out your Baptismal call and be of service to the whole parish. Training and ongoing support will be offered to anyone who wishes to participate. Simply contact the parish office and indicate at which of our Masses you wish to become involved.

BAPTISM PREPARATION AT SURFERS PARADISE PARISH:

Our next meeting for Baptism Preparation for parents of babies and toddlers will be held on Wed 8th January at 6:30pm at Sacred Heart Church. For further information please email our Parish Assistant, Pat Kelly, surfers@bne.catholic.net.au. Enrolments can be made online at the parish website: www.surfersparadiseparish.com.au

WEDDING ANNIVERSARY CELEBRATIONS

Ljuba & Bill Malovec celebrated their 50th Wedding Anniversary on Monday at 7am Mass in St Vincent's with family members. Wishing them many more to come.

RECENTLY DECEASED: Paul Kiely, Fr John Barry, Hughie McEvevey (NZ), Robert Rathborne, Murray James Hill, Desmond Castle, Colin Randazzo, Dra Ludivina Caroon.

ANNIVERSARIES: Remo Bos, James Rice, Victor Aggugia, Charlie, Mary, Sam & Lily Muscat, Joan Enright, Mary Wylie, Percy Felsman, Imelda Rundell.

THOSE WHO ARE SICK: Justin King, Sr. Christine Chia, Kurt Hilleshiem, Judy Ferraro, Jim Daly, Tony McLeod, Lionel Cunynghame, Ron Perry, Rosslyn Wallis, Jabour Haddad, Yvonne Lofthouse, Maureen Murphy, Helen Bohringer, Peter Walsh, Frank Conway, Jean Di Benedetto, Bernadette Gleeson, Patricia Bridge Wienand, Damian Callinan, Arthur Haddad, Rosemary Wales, Peter Allsopp, Yvonne Campesi, Louis Couch, Steve Wayt, Pat Sulzberger, Judith Salvestrin, Denise Kuhne, Duncan Dawson, Rachel Raines, Hugh Tighe, Barry Moray, Frok Kolaj, Caitlin Webster, Peter Capolupo, Jenny Johnson, Miriam Busitel, Judy Marshall, Tony Seymour, Stephen Kynaston, Katrina Gallagher, Sarah Clancy, Rachel, Young-Pil, Michael Tracey, Joanne Mooney, Tricia Baumann, Joanne Parkes, Cecilia Calligan, Maria Trosic, Lucy Liwag, Aileen Van Zijl, Marianne Vanek, Monica Bailey, Margaret Borg, Michelle MacDonald, Mark Miller, Julianne Conway, Peter O'Brien, John Stowers, Kim Parkes, Gus Reeves, Savannah Mary Ayoub, Frank Lyons, John & Molly Robinson, Mary Kerr, Eileen McCarthy.

IN MEMORIUM

The family of PAUL KIELY thank everyone for their prayers over the past five years. Sadly Paul passed away on Friday 27th and his Requiem Mass will take place in Sacred Heart Church on Monday 6th January at 2.00pm. All are welcome.

LIBRARY NEWS: A very joyful and peaceful year ahead for all our readers, volunteers and friends. Make 2020 **A Year of the Book** - when you discover our Parish Library anew. Treasures await you.

We are blessed by a great team of Library volunteers who ensure our doors are open at weekend Mass times. We would like to thank Sara Bartrum who was our Librarian for the Saturday Vigil Mass of the 3rd and 4th evenings of the month. Sara has other volunteering commitments so her spot is now vacant. If you would like to explore this enjoyable ministry please contact Jean via the Parish Office to learn more!

Did I offer peace today?

Did I bring a smile to someone's face?

Did I say any words of healing?

Did I let go of my anger and resentment?

Did I forgive anyone?

Did I love anyone?

These are real questions.

I must trust that the little bit of love that I sow today will bear many fruits, here in this world and the life to come.

Henri Nouwen

THE SACRED HEART BRIDGE CLUB is offering a new Beginners Course early 2020. BUT The club is so much more than just playing cards! We go to the theatre; We go on cruises; We provide fellowship to members no matter what may come their way. Playing Bridge keeps your brain active and increases your social network!

So why not give us a try? Our 18-year club has many of our original members still playing. For more information and to enroll for lessons please phone: **Cheryl 5538 8821**.

Never played cards before? No problem. It's easy to learn; we'll be there for you every step of the way